

ITINERARY A DAY FOR FAMILY

60
YEARS

BIRMINGHAM
CIVIL RIGHTS
MOVEMENT

DAY 1

01

BIRMINGHAM CIVIL RIGHTS INSTITUTE

520 16th Street North | Birmingham, AL 35203

Start your day with a visit to the Birmingham Civil Rights Institute, which offers exhibits and interactive displays detailing the city's role in the Civil Rights Movement. The museum is suitable for all ages and is a great introduction to the city's history.

02

KELLY INGRAM PARK

500 17th Street North | Birmingham, AL 35203

With the stories from the Birmingham Civil Rights Institute fresh in your mind, take a walk through Kelly Ingram Park, which was the site of several civil rights protests and is now home to sculptures and memorials that honor the movement's leaders.

03

BIRMINGHAM CIVIL RIGHTS NATIONAL MONUMENT

1510 5th Avenue North | Birmingham, AL 35203

Next, visit the nearby Birmingham Civil Rights National Monument, which includes several sites of historical significance, such as the A.G. Gaston Motel and the Fourth Avenue Business District. You can take a self-guided walking tour or sign up for a guided tour with a park ranger.

04

YO' MAMA'S Black-owned

2328 2nd Avenue North | Birmingham, AL 35203

Grab lunch at Yo' Mama's, a counter-serve spot serving chicken and waffles along with other Southern eats for breakfast and lunch.

05

MCWANE SCIENCE CENTER

200 19th Street North | Birmingham, AL 35203

In the afternoon, visit the McWane Science Center, which features hands-on exhibits and interactive displays that explore science and technology.

06

THE PIZITZ FOOD HALL

1821 2nd Avenue North, #3112 | Birmingham, AL 35203

End the day with dinner at The Pizitz Food Hall, featuring a variety of local restaurants and food vendors, including The Spun Cow, which serves up artisan ice cream, hand-blended milkshakes and fresh-spun cotton candy.

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DAY 2

01

BIRMINGHAM ZOO

2630 Cahaba Road | Birmingham, AL 35223

Start your day with a visit to the Birmingham Zoo, which features over 550 animals from around the world.

02

MELT

1011 Jemison Lane | Birmingham, AL 35223

Stop for lunch at Melt, a family-friendly grilled cheese restaurant that offers a variety of sandwiches and sides.

03

NEGRO SOUTHERN LEAGUE MUSEUM

16th Street South | Birmingham, AL 35233

In the afternoon, visit the Negro Southern League Museum, which celebrates the history and legacy of the Negro Leagues and African American baseball players. The museum is located in the heart of Birmingham's downtown district.

04

SOUTHERN MUSEUM OF FLIGHT

4343 73rd Street North | Birmingham, AL 35206

Or head to the Southern Museum of Flight, where you can explore the history of aviation and see multiple aircraft up close.

05

ROJO

2921 Highland Avenue | Birmingham, AL 35205

For dinner, try out Rojo, a casual Mexican restaurant that offers tacos, burritos and other dishes that are sure to please kids and adults alike.

06

VULCAN PARK AND MUSEUM

1701 Valley View Drive | Birmingham, AL 35209

End the day with a visit to Vulcan Park and Museum, where you can see the world's largest cast-iron statue and learn about the history of Birmingham's iron industry.